



**Need help to improve your financial literacy?
Are you a woman from a black, minority ethnic,
migrant or refugee background?
Do you live in Camden or Islington?**

Join ATHENA today for FREE!

Laamiga's new project, **Athena**, will improve your financial knowledge and skills to gain financial independence. **Starting from 25th March**, you'll have the chance to attend one monthly online webinar from 10am-12pm, for six months, delivered by experts. The monthly webinars will cover topics such as:

- Introduction to the UK financial system.
- Budgeting & savings.
- Credit & debit.
- Energy.
- Safe money.

You will also have regular support groups to connect you with other women and online support from a trained female mentor.

Mar 2022-Sept 2022

**Monthly Webinars
Support Groups
1-1 Mentor Support**

For further information and to apply for the programme, please contact Dr.

Emua Ali at: info@laamiga.org

Phone: 0208 257 7317 www.laamiga.org

Charity Number: 1145538

LAAMIGA

WOMEN'S MENTORING AND TRAINING